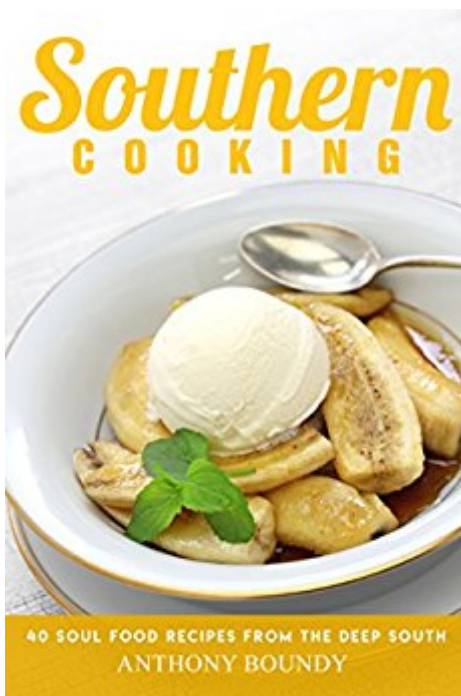


The book was found

# Southern Cooking: 40 Soul Food Recipes From The Deep South



## Synopsis

There is a misconception that Southern Cooking consists solely of Creole and Cajun cuisine. However, both of these culinary styles have their roots planted firmly in Louisiana soil. Whereas Southern Cooking encompasses cuisine from all of the Southern states and is as varied and different as the regions that make up the South. Creole and Cajun dishes have a strong culinary connection to France, a nodding acquaintance to Africa, Spain, and Native America, and to a lesser degree the West Indies, Ireland, Germany, and Italy. Southern cooks, on the other hand, have always creatively dipped into the mixing pot of Native American, European, and African cuisine, learning from cultures that once fused together to make the South what it is today. In fact, African traditions have had a significant influence on the flavors and cooking methods of what we lovingly refer to as Soul Food. As cliché as it may sound, heart and soul have been put into many of these dishes. There is a deep-rooted history behind every recipe. A feeling that each one was prepared with love and effort in the hope that every mouthful will be savored and enjoyed by those who eat it. Although some dishes are enjoyed throughout the South, they vary depending on which state you are living. Take, for instance, ribs. In Texas, they make them spicy and saucy, while in Tennessee there's more rub and the sauce is on the side. Go to the Carolinas though, and the sauce has more of a mustard flavor. America is defined by the influence of those who helped to make her great, be they African, Native American, or European, and Southern Cooking is at the very center of that beating heart.

## Book Information

File Size: 4191 KB

Print Length: 91 pages

Simultaneous Device Usage: Unlimited

Publication Date: June 5, 2017

Sold by:Â Digital Services LLC

Language: English

ASIN: B071JN4GQR

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #264,500 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #32

in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Regional & International > U.S.

Regional > Cajun & Creole #74 in Books > Cookbooks, Food & Wine > Regional & International >

U.S. Regional > Soul Food #89 in Books > Cookbooks, Food & Wine > Regional & International >

U.S. Regional > Cajun & Creole

## Customer Reviews

This is a very good, solid collection of Southern dishes from appetizers, main dishes and desserts. Format is done well, and I didn't see any typos. I lost my cookbook of Southern dishes in a move and I am glad to find this one to rebuild my collection of recipes from the South.

[Download to continue reading...](#)

Southern Cooking: Southern Cooking Cookbook - Southern Cooking Recipes - Southern Cooking Cookbooks - Southern Cooking for Thanksgiving - Southern Cooking Recipes - Southern Cooking Cookbook Recipes Southern Cooking: for beginners - Simple Southern Food Recipes - Old South Recipes (Southern Food - Southern Meals - Southern Recipes - Soul Food - American Cuisine Book 1) South Beach Diet: South Beach Diet Recipe Book: 50 Delicious & Easy South Beach Diet Recipes (south beach diet, south beach diet recipes, south beach diet beginners guide, south beach diet cookbook) Southern Cooking: 40 Soul Food Recipes from the Deep South Old South Cajun Creole Cookbook: Down Home Southern Recipes! (Southern Cooking Recipes Book 50) Carolina Cookbook: A Southern Cookbook with Authentic North Carolina Recipes and South Carolina Recipes for Easy Southern Cooking Filipino Cooking: for beginners - Basic Filipino Recipes - Philippines Food 101 (Filipino Cooking - Filipino Food - Filipino Meals - Filipino Recipes- Pinoy food) Southern Spreads & Dips: 200 Southern Recipe Favorites! (Southern Cooking Recipes Book 49) Southern Lovin': Old Fashioned from Scratch Southern Favorites (Southern Cooking Recipes Book 1) South Beach Diet: The South Beach Diet Beginners Guide to Losing Weight and Feeling Great! (south beach diet, south beach diet beginners guide, south beach diet recipes) Cast Iron Recipes Cookbook: 50 Most Delicious of Cast Iron Recipes (Cast Iron Recipes, Cast Iron Cookbook, Cast Iron Cooking, Cast Iron Cooking Recipes): ... Recipes (Easy Recipes Cookbook Book 2) VIETNAMESE VEGETARIAN FOOD - OUR FAMILY VEGETARIAN RECIPES: VEGETARIAN FOOD RECIPES FROM OUR VIETNAMESE HOME - VEGETARIAN FOOD RECIPES VEGAN RECIPES ASIAN ... RECIPES ASIAN VEGAN SERIES Book 1) Southern Cookbook Collection (Soul Food & Southern Cakes): 120 #Delish Recipes Cooking for One Cookbook for Beginners: The

Ultimate Recipe Cookbook for Cooking for One! (Recipes, Dinner, Breakfast, Lunch, Easy Recipes, Healthy, Quick Cooking, Cooking, healthy snacks, deserts) Cooking for Two: 365 Days of Fast, Easy, Delicious Recipes for Busy People (Cooking for Two Cookbook, Slow Cooking for Two, Cooking for 2 Recipes) Food Truck Business: How To Start Your Own Food Truck While Growing & Succeeding As Your Own Boss (Food Truck, Food Truck Business, Passive Income, Food ... Truck Startup, Food Truck Business Plan,) Babushka: Russian Recipes from a Real Russian Grandma: Real Russian Food & Ukrainian Food (Russian food, Russian recipes, Ukrainian food, Polish recipes) Soulful Southern Cooking: Favorite Southern Comfort Food Recipes Welcome to Chinese Food World: Unlock EVERY Secret of Cooking Through 500 AMAZING Chinese Recipes (Chinese Cookbook, Chinese Food Made Easy, Healthy Chinese Recipes) (Unlock Cooking, Cookbook [#13]) Low Carb Recipes: American Cooking Recipes - Paleo Diet Cookbook for Healthy Eating, Quick and Easy Recipes, Weight Loss Cooking Recipes, Salad, 130+ Additive Free, American Recipes

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)